

## Clinical Taping for Neuromusculoskeletal Problems Course

Date : 9 & 10 Dec 2016

Venue : Emirates Medical Association – Dubai



### About the Course

Taping is now recognized as a skill which is essential for all those involved in the treatment and rehabilitation of injuries. It is widely used not only for sports injuries, but also for many other conditions such as muscle imbalance, unstable joints and impaired neural control. During treatment and rehabilitation, taping aids the healing process by supporting and protecting the injured structures from further injury or stress, thus reducing the need for prolonged treatment and time off work. The application of tape to injured soft tissues and joints provides support and protection for these structures and minimizes pain and swelling in the acute stage. Tape should reinforce the normal supportive structures in their relaxed position and protect the injured tissues from further damage. Many different techniques are used for injury prevention, treatment, rehabilitation, proprioception and sport. The use of tape in the management, prevention and treatment of neuromusculoskeletal injuries has become common practice.

### Course Instructor : Dr. Murat Dalkilinc , PT, PhD, CMP



Murat Dalkilinc has been using clinical taping techniques in different clinical settings as a physiotherapist since 1998 and officially started teaching in 2012. Currently; he is working as a consultant musculoskeletal physiotherapist for the UAE Armed Forces. He has completed numerous taping & manual therapy courses at international level.

He acted as a co- editor for several Turkish books including Neuromusculoskeletal Examination and Assessment & Pocketbook for taping techniques. He has published several articles related to musculoskeletal disorders in peer-reviewed journals and been acting as an assistant teacher on Mulligan Concept since 2006. He became Certified Mulligan Practitioner on 2014. He completed his BSc, MSc and Ph.D. at Hacettepe University in Turkey.

**Course Fees :** EMA member AED 500  
EMA non-member AED 700

Target attendants: Physiotherapists

How to register ? Email : [Secretary@uaephysio.org](mailto:Secretary@uaephysio.org)

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