



EMIRATES PHYSIOTHERAPY SOCIETY

UNDERSTANDING LUMBAR AND PELVIC GIRDLE PAIN:

An evidence based course on clinical anatomy, biomechanics and effective rehabilitation

27- 28 -29 OCT. 2017

PROF. ANDRY VLEEMING

COURSE DESCRIPTION:

Over this course Dr Vleeming will present his research work and distil a 30 year career into a digestible weekend workshop that promises a new understanding and sets of new skills for practice. This course will be especially related to better diagnostics and treatment of lumbar and pelvic girdle patients. The course has both theoretical clinical content as well as hands on demonstrations. Dr Vleeming will show both the clinical research and his clinical work with patients.

Dr. Vleeming has adapted the scientific research of this team into an evidence based clinical model for assessment and treatment of lumbopelvic dysfunction. The protocol for diagnosis and rehabilitation follows sound scientific principles.

Dr Vleeming and colleagues have studied stability and movement of the pelvis and spine for more than 25 years. This has led to many publications in Spine Journals concerning the function, diagnosis and treatment of the pelvis and spine. This course is especially based on the clinical experience of diagnosing and treating more than 4000 severe lumbar and pelvic girdle patients in a rehabilitation setting. The results of this approach have shown a remarkable recovery of failed patients. This course will be especially related to better diagnostics and treatment of chronic pelvic girdle and low back pain patients.

MAIN OBJECTIVES:

1. Provide a critical insight into the complex anatomy and function of the lumbopelvic area.
2. Present a clinical reasoning model that analyzes the mechanism behind lumbar and pelvic dysfunctions.
3. Disseminate new data about rehabilitation strategies in the spine and pelvis.



DR. ANDRY VLEEMING co-founder the research group locomotor system at the Medical Faculty, Erasmus University, Rotterdam, Netherlands in 1981. He founded the Spine & Joint Rehabilitation Centre in Rotterdam in 1996 and is the Chairman of the World Congress of Low Back and Pelvic Pain, organised every three years.

Presently Dr Vleeming is a Professor at Ghent Medical University, Belgium and The New England Medical School, Maine, USA. He has authored and collaborated on many publications, especially on the clinical anatomy of the lumbar spine and the pelvic region in international peer reviewed journals. In recent years, he participated in the development of the European Guidelines on Lumbopelvic Pain. He is author of many clinical books on non-operative orthopaedic medicine, including the book, 'Movement, stability and low back pain' in cooperation with national and international experts.

CME in Process

VENUE – Emirates Medical Association
Almamzar area - Dubai, UAE

TARGET AUDIENCE – Physiotherapists,
Osteopaths, Chiropractors

REGISTRATION FEES:

EMA MEMBER – AED 2580

NON-EMA MEMBER – AED 3100

REGISTER ONLINE:

[HTTP://WWW.EMA.AE/EVENTS_INNER.PHP?ID=77](http://www.ema.ae/events_inner.php?id=77)

REGISTRATION OF GROUP OF 3

EMA MEMBER – AED 2000

NON – EMA MEMBER AED 2400

FOR GROUP REGISTRATION :

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